

## Practice Plan – Monday, 3/19/18 (Odd Day)

### Reminders

- Today Varsity vs Calabasas @ Masters
- Today JV @ Calabasas
- Freshmen Practice Today
- Tomorrow Varsity Team Dinner
- Tomorrow or Tuesday- Games vs Canyon
- Friday Games vs Valencia
- Saturday Freshmen vs St. Francis



### --ROSTERS--

**Varsity vs Calabasas @ Masters (All White)**- Balingit, Bird, Bumgarner, Burge, Callahan, J Camacho, R Camacho, Chambers, Clarke, Cogan, Farr, Fisher, Gellatly, Monheim, Nicol, N Perez, R Perez, Rojas, and Stefanos

**JV @ Calabasas- (Gray Pants, Navy Top)**- Brooks, Burns, Callan, Deck, Harrison, Ilan, Lagana, Montalban, Schultz, Snavley, St. Amand, Striplin, Tucker, Topping, Wyre, and Yosfan

Varsity	JV	Freshmen
12:15 • Lunch 1:00 • Bus Depart (One Way Drop) 3:00 • 1 <sup>st</sup> Pitch @ Masters	12:15 • Lunch 12:45 • Bus Depart (Round Trip) 3:00 • 1 <sup>st</sup> Pitch @ Calabasas	1:00-1:40 • Set Up Field, Stretch, Movement, Arm Circles, Pitchers Circuit, JBands, Throw 1:40-2:10 • Defense • Bunting • Clean Field 2:10-2:50 • Cages