



Thursday, 5/1/25, ODD

Reminders:

Friday

- **JV game @ GV is canceled**

Saturday

- **Var/Frosh practice, 8a**
- **JV game @ Saugus, 9a**

Varsity	JV	Frosh
1:05-1:20 Field setup	1:05-1:20 Field setup	1:05-2:00 baseball field in uniform
1:20-2:00 Stretch, warm up, arm circles, j-bands, throw	1:20-2:00 Stretch, warm up, arm circles, j-bands, throw	2:15 Bus departs
2:00-3:00 BP	2:00-3:00 BP	4:00 First pitch @ Canyon
3:00-3:15 Field cleanup	3:00-3:15 Field cleanup	

